

CETH 30
Ms. J. Lukomski
2011-2012 Semester 2
Reading for Inspiration

“Great men are they who see that spiritual is stronger than any material force,
that thoughts rule the world.” Ralph Waldo Emerson

FICTION . . . food for thought

- FIC Albom, Mitch. ***The Five People You Meet in Heaven.***
ALB Killed in a tragic accident, Eddie, an elderly man who believes that he had an uninspired life, awakens in the afterlife, where he discovers that heaven consists of having five people explain the meaning of one's life.
- FIC Albom, Mitch. ***For One More Day.***
ALB Charley is given one more day with his mother – who died eight years earlier – and learns much about his life.
- PB Anderson, Laurie Halse. ***Chains.***
AND After being sold to a cruel couple in New York City, a slave named Isabel spies for the rebels during the Revolutionary War.
- PB Boyne, John. ***The Boy in the Striped Pajamas.***
BOY Bored and lonely after his family moves from Berlin to a place called “Out-With” in 1942, Bruno, the son of a Nazi officer, befriends a boy in striped pajamas who lives behind a wire fence.
- PB Coelho, Paulo. ***The Alchemist.***
COE A fable about undauntingly following one's dreams, listening to one's heart, and reading life's omens.
- PB Diamant, Anita. ***The Red Tent.***
DIA Dinah, Jacob's only daughter, shares her perspectives on the origins of many of our modern religious practices and sexual politics, imparting the lessons she has learned from her father's wives.
- PB Didion, Joan. ***The Year of Magical Thinking.***
DID How do you survive the loss of both your husband and your daughter in the space of a year?
- PB Edwards, Kim. ***The Memory Keeper's Daughter.***
EDW In a tale spanning twenty-five years, a doctor delivers his newborn twins during a snowstorm and, rashly deciding to protect his wife from their baby daughter's affliction with Down Syndrome, turns her over to a nurse, who secretly raises the child.
- PB Eggers, Dave. ***What Is the What: the Autobiography of Valentino Achak Deng: a Novel.***
EGG An epic novel based on the life of one of the Lost Boys of Sudan, forced to leave his village at the age of seven.
- PB Gilbert, Elizabeth. ***Eat, Pray, Love.***
GIL One woman's search for meaning across Italy, India, and Indonesia; now a film.
- FIC Gregory, David. ***A Day with a Perfect Stranger.***
GRE The last thing she wanted was to talk about God; talking TO Him had never occurred to her.

- FIC
GRE Gregory, David. ***Dinner with a Perfect Stranger.***
Imagine dinner with Jesus Christ
- PB
GRU Gruen, Sara. ***Water for Elephants.***
A ninety-year-old man remembers his days with a circus during The Great Depression.
- PB
HIL Hill, Lawrence. ***The Book of Negroes.***
This novel transports the readers from an African village to a plantation in the southern United States, from a soured refuge in Nova Scotia to the coast of Sierra Leone.
- PB
HOS Hosseini, Khaled. ***The Kite Runner.***
A story of fierce cruelty and fierce yet redeeming love. Both transform the life of Amir, who comes of age during the last peaceful days of the monarchy, just before Afghanistan's revolution and its invasion by Russian forces.
- PB
LE Le Guin, Ursula K. ***Four Ways to Forgiveness.***
Four science fiction novellas that capture the spirit of humankind.
- PB
LOT Lottridge, Celia. ***Home Is Beyond the Mountains.***
In Persia during the time of the First World War, 300 refugee children trek back to their home villages – a journey of 300 miles – through the mountains, on foot.
- PB
KLA Klause, Annette Curtis. ***Freaks.***
After leaving home in search of adventure, romance, and riches, seventeen-year-old Abel, the "normal" son of freak show entertainers, is haunted by a mysterious spirit.
- PB
MCC McCormick, Patricia. ***Sold.***
Thirteen-year-old Lakshmi leaves her poor mountain home in Nepal thinking that she is to work in the city as a maid only to find that she has been sold into the sex slave trade in India and that there is no hope of escape.
- PB
MCC McKay, Sharon E. ***Thunder over Kandahar.***
Two unaccompanied teens find themselves in mortal danger as they confront land mines, a suicide bomber, and roving bands of Taliban.
- PB
ORO Oron, Judie. ***Cry of the Giraffe: Based on a True Story.***
Based on real events, this story mirrors the experience of thousands of Ethiopian Jews who fled from hatred, persecution, and brutality to a new life in their spiritual homeland.
- PB
PIC Picoult, Jodi. ***My Sister's Keeper.***
Conceived to provide a bone marrow match for her leukemia-stricken sister, teenage Kate begins to question her moral obligations in light of countless medical procedures and decides to fight for the right to make decisions about her own body.
- PB
RIV Rivers, Francine. ***As Sure as the Dawn.***
Mark of the Lion trilogy, book 3.
- PB
RIV Rivers, Francine. ***An Echo in the Darkness.***
Mark of the Lion trilogy, book 2.
- PB
RIV Rivers, Francine. ***Redeeming Love: a Novel.***
A secret from Angel's past threatens to destroy her relationship with Michael Hosea.
- PB
RIV Rivers, Francine. ***A Voice in the Wind.***
First book in the Mark of the Lion trilogy, set in the early Roman Empire and filled with characters to whom we can relate today.

- PB
ROB Robinson, Marilynne. ***Gilead***.
The son and grandson of preachers, Reverend John Ames records his family's story, a legacy for the son he will never see grow up.
- PB
SAP Sapphire. ***Push: a Novel***.
A self-portrait of a black teenage girl, big, fat, unloved, with a father who rapes her and a jealous mother who screams abuse.
- PB
SEB Sebold, Alice. ***The Lovely Bones***.
Narrating from heaven, fourteen-year-old Susie Salmon recounts her rape and murder and watches her family as they cope with their grief.
- PB
SHE Sheth, Kasmira. ***Keeping Corner***.
When her husband dies, Leela is confined to her house for a year – keeping corner – in preparation for a life of mourning a boy she barely knew.
- PB
STR Stratton, Allan. ***Chanda's Secrets***.
Chanda's secret? Her mother has AIDS.
- PB
VEN Venkatraman, Padma. ***Climbing the Stairs***.
When her father becomes brain-damaged in Gandhi's non-violent protest march, fifteen-year-old Vidya and her family are forced to move in with her father's extended family and accept a different way of life.
- FIC
WAL Walters, Eric. ***Alexandria of Africa***.
After Alexandria is arrested for shoplifting, she finds herself on a plane headed to Kenya, where she has been ordered to work for an international charity.
- PB
YOU Young, William P. ***The Shack: a Novel***.
Four years after his daughter was abducted during a family vacation, Mack receives a suspicious note, apparently from God, inviting him back to that shack for a weekend.
- PB
ZUS Zusak, Markus. ***The Book Thief***.
Trying to make sense of the horrors of World War II, Death relates the story of Liesel, a young German girl whose book-stealing and story-telling talents help sustain her family and the Jewish man they are hiding, as well as their neighbours.

REAL PEOPLE . . . real stories

- 204
ALB Albom, Mitch. ***Have a Little Faith***.
When Albom's old rabbi asks him to deliver his eulogy, Albom goes back to his roots and becomes involved with a Detroit pastor – a reformed drug dealer and convict – who preaches to the poor and homeless in a decaying church with a hole in its roof.
- 378.12092
ALB Albom, Mitch. ***Tuesdays with Morrie***.
Sportswriter and best-selling author Mitch Albom chronicles his weekly conversations with his former college professor and mentor, Morrie Schwartz, in the months before Schwartz succumbed to Lou Gehrig's disease.
- 306.872
ALI Ali, Nujood. ***I Am Nujood, Age 10 and Divorced***.
The true story of the remarkable ten-year-old Yemeni girl who dared to defy her country's most archaic traditions by fighting for a divorce.
- 943.086092
AYE Ayer, Eleanor H. ***Parallel Journeys***.
The riveting stories of Alfons, a member of the Hitler Youth, and Helen, a young Jew.

- 966.404092 Beah, Ishmael. ***A Long Way Gone: Memoirs of a Boy Soldier.***
BEA The story of a child soldier in Sierra Leone
- 323.092 Brinkley, Douglas. ***Rosa Parks.***
BRI A portrait of the African American woman immortalized for refusing to surrender her bus seat to a white passenger.
- 305.8951 Chong, Denise. ***The Concubine's Children.***
CHO Reconstructing a family history is a challenge and a minefield to someone whose grandmother was a concubine.
- 940.5486092 Cohn, Marthe. ***Behind Enemy Lines.***
COH The true story of a French Jewish spy in Nazi Germany.
- 967.57104 Dallaire, Roméo A. ***Shake Hands with the Devil: the Failure of Humanity in Rwanda.***
DAL General Dallaire provides an account of the failure of humanity to stop the Rwandan genocide.
- 282.092 Duquin, Lorene Hanley. ***They Called Her the Baroness.***
DUQ The life of Catherine de Hueck Doherty, sometimes called the "Mother Teresa of Canada."
- 971.902092 French, Alice. ***My Name is Masak.***
FRE One can never understand the North without getting to know its people: a story of the Inuit.
- 940.5315092 Gies, Miép. ***Anne Frank Remembered: the Story of the Woman Who Helped to Hide the Frank Family.***
GIE The story of the woman who smuggled supplies into the annex every day.
- 966.404092 Kamara, Mariatu. ***The Bite of the Mango.***
KAM When Mariatu went to fetch food from a nearby village in Sierra Leone, young rebels brutally cut off her hands. Her survival began a journey that led to a new life in Montreal.
- 371.822 Mortenson, Greg. ***Three Cups of Tea.***
MOR One man's campaign to build schools in the most dangerous, remote, and anti-American reaches of Afghanistan and Pakistan.
- 371.82342 Mortenson, Greg. ***Stones into Schools.***
MOR Picks up where *Three Cups of Tea* left off in 2003, recounting the relentless, ongoing efforts to establish schools for girls in Afghanistan.
- 271.97 Muggeridge, Malcolm. ***Something Beautiful for God: Mother Teresa of Calcutta.***
MUG Mother Teresa's love of Christ and neighbour shines through these pages.
- 004.092 Pausch, Randy. ***The Last Lecture.***
PAU When Randy Pausch, a computer science professor at Carnegie Mellon, was asked to give such a lecture, he didn't have to imagine it as his last, since he had recently been diagnosed with terminal cancer.
- 362.76092 Pelzer, David. ***A Child Called "It."***
PEL An abused child finds the courage to survive.
- 248.8 ***The Power of Faith for Teens.***
POW Personal experiences written by those teens who lived them.
- 940.5318 Shtibel, Rachel. ***The Violin.***
SHT One of many books from the Azrieli Foundation, which provide startling first-hand accounts of the Holocaust by surviving Canadians.

Other books in the Azrieli Series of Holocaust Survivor Memoirs.

- 270.092
SHE Shepherd, Victor A. ***Witnesses to the Word: Fifty Profiles of Faithful Servants.***
Short biographies of fifty men and women who have contributed to faith in our world.
- 248.86
VUJ Vujicic, Nick. ***Life Without Limits.***
Born without arms or legs, Nick Vujicic overcame his disability to live an independent and fulfilling life.
- 362.82092
WAL Walls, Jeannette. ***The Glass Castle: a Memoir.***
The child of an alcoholic father and an eccentric artist mother discusses her family's nomadic upbringing, during which she and her siblings fended for themselves while their parents outmaneuvered bill collectors and the authorities.
- 968.06092
WOO Woods, Donald. ***Biko.***
Bantu Stephen Biko was tortured and killed by the South African Security Police.

IDEAS . . . to shape the world

- 299.785
BLA Black Elk, Wallace H. ***Black Elk: the Sacred Ways of a Lakota.***
A Lakota elder and shaman inspires readers through his teachings and narrative.
- 170
BLA Blackburn, Simon. ***Being Good: a Short Introduction to Ethics.***
Are there any real standards?
- 271.12502
BRY Bryant, Jennifer. ***Thomas Merton: Poet, Prophet, Priest.***
Traces the life of the Trappist monk who had a passion for bridging the differences between the great religions of the East and West – an unlikely path for one who had pledged himself to a life of silence.
- 264.23
GRA Granfield, Linda. ***Out of Slavery: The Journey to Amazing Grace.***
The story of John Newton and the famous hymn “Amazing Grace.”
- 291.63
GIB Gibran, Kahlil. ***The Prophet.***
Exquisite prose poetry from a Lebanese poet, philosopher, and artist.
- 284.4
GUN Gungor, Ed. ***One Small Barking Dog: How to Live a Life That's Hard to Ignore.***
Small dogs may not run the world, but they are hard to tune out: life lessons for humans.
- 170.44
IZZ Izzo, John. ***The Five Secrets You Must Discover Before You Die.***
“We do not have to wait until we are old to become wise. We can discover life's secrets at any age, and the sooner we discover them, the more fulfilling our life will be.”
- 248.2
KNI Knitter, Paul F. ***Without Buddha I Could Not Be a Christian.***
Knitter demonstrates how Buddhist perspectives can inspire a more person-centred and socially engaged understanding of Christianity.
- 232.1
L'E L'Engle, Madeleine. ***Bright Evening Star: Mystery of the Incarnation.***
The journey to faith is different for everyone: this is L'Engle's story – beautifully presented by a renowned author and storyteller.
- 242.2
LEN L'Engle, Madeleine. ***Glimpses of Grace: Daily Thoughts and Reflections.***
Evocative passages for meditation from the collected writings of Madeleine L'Engle.

- 242 L'Engle, Madeleine. ***Penguins & Golden Calves: Icons and Idols.***
LEN How ordinary things can become “windows to God” that lead us to a richer faith.
- 242 L'Engle, Madeleine. ***Walking on Water: Reflections on Faith and Art.***
LEN As I listen to the silence, I learn that my feelings about art and my feelings about the Creator of the Universe are inseparable.
- 261.2 Madrid, Patrick. ***The Godless Delusion: a Catholic Challenge to Modern Atheism.***
MAD Solid, compelling reasons for believing.
- 294.3 Metcalf, Franz. ***Buddha in Your Backpack.***
MET The most important struggles of being a teenager – growing into your adult body, adult society, and adult life, all of which require awareness, insight, and patience – are the very struggles of being a spiritual seeker.
- 277.3 Miller, Donald. ***Blue Like Jazz: Nonreligious Thoughts on Christian Spirituality.***
MIL For anyone wondering if the Christian faith is still relevant.
- 248.2 Newberry, Tommy. ***The 4:8 Principle: the Secret to a Joy-Filled Life.***
NEW In Philippians 4:8, the apostle Paul challenges us to seek out and dwell on the positives in our lives.
- 339.46 Novogratz, Jacqueline. ***The Blue Sweater: Bridging the Gap between Rich and Poor in an Interconnected World.***
NOV A former international banker shows how traditional charity often fails, but philanthropic investing can help make people self-sufficient and change millions of lives.
- 158.1 Peck, M. Scott. ***The Road Less Traveled: a New Psychology of Love, Traditional Values and Spiritual Growth.***
PEC An exploration that leads towards a new serenity and fullness of life.
- 299.792 Ruiz, Miguel. ***The Four Agreements.***
RUI Based on ancient Toltec wisdom, this book offers a powerful code of conduct that can rapidly transform our lives to a new experience of freedom, true happiness, and love.
- 204.4 Tolle, Eckhart. ***A New Earth: Awakening to Your Life's Purpose.***
TOL Humanity has an unprecedented opportunity to shift from its dangerous, ego-based state of consciousness to a saner, more loving existence.
- 204.44 Tolle, Eckhart. ***The Power of NOW: A Guide to Spiritual Enlightenment.***
TOL To make the journey, the reader must leave the analytical mind and its false created self, the ego, behind.
- 133.9 Walsch, Neale Donald. ***Conversations with God: an Uncommon Dialogue.***
WAL Suppose you could ask God the most puzzling questions about existence – questions about love and faith, life and death, good and evil, and God answered.
- 133.9 Walsch, Neale Donald. ***Conversations with God for Teens.***
WAL If you ever wanted to know if God is listening to you . . . this is the book for you.

ACTION . . . worth a thousand words

- 610.6 Bortolotti, Dan. ***Hope in Hell: Inside the World of Doctors Without Borders.***
BOR The experiences of medical professionals around the world, with emphasis on Haiti and international nutrition.
- 171.8 Kielburger, Craig. ***Me to We: Finding Meaning in a Material World.***
KIE An invitation to join the world community that is choosing to make to make difference.

- 610.6 MOR Morley, David. ***Healing Our World: Inside Doctors Without Borders.***
Medical volunteers bring life-saving care to people who have lost their homes in natural disasters and to families and communities shattered by AIDS and civil wars.
- 363.583 RUB Rubel, David. ***If I Had a Hammer: Building Homes and Hope with Habitat for Humanity.***
Habitat for Humanity builds homes with and for the people who are most in need of them.
- 177.7 SCA Scanlan, Lawrence. ***A Year of Living Generously.***
The author tells about twelve charitable organizations and his month of hands-on involvement with each one.
- 362.196994 SCR Scrivener, Leslie. ***Terry Fox: His Story.***
A true Canadian hero who fought cancer in his bid to contribute and survive.

STORIES AND ANECDOTES

- 242 AMA ***Amazing Grace for the Catholic Heart.***
Similar to the stories, poems, cartoons, and essays found in the Chicken Soup books.
- 242 CHI ***Chicken Soup for the Christian Soul.***
Themes of love, forgiveness, faith, hope and charity.
- 242.63 CHI ***Chicken Soup for the Christian Teenage Soul.***
Stories, poems, cartoons, anecdotes. Many other Chicken Soup titles.
- 158.1 CAR ***Carlson, Richard. Don't Sweat the Small Stuff – and It's All Small Stuff.***
Simple ways to keep the little things from taking over your life.
- 158.1 CAR ***Carlson, Richard. Don't Sweat the Small Stuff with Your Family.***
Simple ways to keep daily responsibilities and household chaos for taking over your life.
- 267.182 DOH Doherty, Catherine de Hueck. ***Not Without Parables: Stories of Yesterday, Today and Eternity.***
Stories heard and retold by the founder of Madonna House.
- 362.1969792 ELL Ellis, Deborah. ***Our Stories, Our Songs: African Children Talk about AIDS.***
In Malawi and Tanzania, children who have lost family to the AIDS pandemic tell their stories.

POETRY

- 811 POW Powers, Margaret Fishback. ***Footprints: The True Story behind the Poem that Inspired Millions.***
- 811.54 LEN L'Engle, Madeleine. ***The Weather of the Heart: Selected Poems.***
- 811.008 EAR Plotz, Helen. ***The Earth is the Lord's: Poems of the Spirit.***

